

JANUARY 2024

MIDDLE SCHOOL LUNCH ALLERGENS

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY																
1		2		3		4		5																
No School																								
8		9		10		11		12																
No School		<table><tr><td>Chicken Nuggets</td><td>Wheat</td></tr><tr><td>Ranch Cup</td><td>Egg, Milk, Soy</td></tr><tr><td>Chicken Dipping Sauce Cup</td><td>Egg</td></tr></table>	Chicken Nuggets	Wheat	Ranch Cup	Egg, Milk, Soy	Chicken Dipping Sauce Cup	Egg	<table><tr><td>Rotini</td><td>Wheat</td></tr><tr><td>Alfredo Sauce</td><td>Milk</td></tr><tr><td>Grilled Chicken Breast</td><td>Soy</td></tr><tr><td>Garlic Taost</td><td>Milk,Soy,Wheat</td></tr></table>	Rotini	Wheat	Alfredo Sauce	Milk	Grilled Chicken Breast	Soy	Garlic Taost	Milk,Soy,Wheat	See Daily Allergens Table		French Bread Cheese Pizza		Milk, Soy Wheat		
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15		16		17		18		19																
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American Cheese	Milk, Soy																							
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Fries	Soy																							
						Daily Menu Allergens																		
						Cheese Pizza		Milk, Soy, Wheat																
						Spicy Chicken Sandwich		Egg, Milk, Soy Wheat																
						Regular Chicken Sandwich		Milk, Soy, Wheat																
						Picnic Pack		Egg, Milk, Sesame, Wheat																
						Turkey Cheddar Sandwich		Milk, Sesame, Soy, Wheat																
						Granola & Fruit Yogurt Parfait		Milk, Soy, Wheat																
						Spicy Tofu Wrap		Soy, Wheat																
						1% White Milk		Milk																
						Fat Free Chocolate Milk		Milk																