PLANTING AND TRANSPLANTING

1. Planting Seeds

- a. Mark out straight rows
 - 1. put stake at each end of row and tie a string tightly between the stakes
 - 2. this makes cultivation, insect control, and harvesting easier
- **b.** Follow directions on seed packet for spacing and depth of planting
- c. Make shallow furrows using a hoe or other garden tool
- **d.** Place seeds by hand evenly down the row
- e. If growing sweet corn, squash, melons or cucumbers, place several seeds in one spot at intervals along the row
- f. Cover seeds and firm the soil
 - 1. Pack soil around seeds by gently tamping the soil with your hands, or the back side of the rake or hoe
 - 2. Firming soil in this way prevents drying of the soil and keeps rainwater from washing away the seeds
 - 3. This also provides good seed to soil contact which will help seeds germinate faster
- g. Water lightly
- **h.** Thin the plants while they are young; remove the weakest plants

2. Plants

- a. Using plants shortens the time before harvest
- b. Plants should be healthy, stocky, medium sized
- c. Avoid plants that are wilted, yellow, or spindly
- **d.** Avoid plants that have a lot of roots coming out the bottom; lift plant gently out of container and check to make sure the roots aren't circling the plant
- **e.** Plants should be disease-free; don't buy plants with spots on the leaves, brown lesions on the stems, or knots on the roots
- f. Plants should be insect-free; inspect them carefully

3. Transplanting Plants

- a. Harden off any plants that have been started indoors from seed
 - 1. Place plants close to the house because this is a warmer climate
 - 2. This needs to be done to get plants used to outdoor temperatures
- **b.** Transplant on a cloudy day or in the evening
- c. Handle plants with care
 - 1. An hour before transplanting, water plants and the soil in the container
 - 2. Remove plants without disturbing the roots and keep as much of the soil as possible with the roots
- d. Dig a hole large enough so that the plant sits slightly deeper than it grew in the container
 - 1. If you want to fertilize and haven't done so prior to planting, put a very small amount in the bottom of the hole
 - 2. Be careful not to add too much fertilizer because you can burn the roots
 - 3. Follow directions on the fertilizer bag
- e. If plants are spindly place them in the hole at an angle
- f. Place plants in the hole, cover the roots, and tamp down the soil around the plant
 - 1. If the containers are made of plastic or clay, throw them out or recycle them
 - 2. If the container is a peat pot, it can be buried with the plant in it because the roots will penetrate the peat pot; these containers will be labeled; plant the container below the soil line
- g. Water after planting
- **h.** If there is a threat of frost after planting, cover the plants
 - 1. Baskets, boxes, or jars can be used
 - 2. Can buy "row covers" made of plastic
 - 3. Remove covers during the day as the temperature warms so plants can get ventilation